

THE DETOX PROCESS

WHAT IS DETOX?

Ce-tox /dē'täks/

INFORMAL

noun: detox; plural noun: detoxes

a process or period of time in which one abstains from or rids the body of toxic or unhealthy substances; detoxification.

"he ended up in detox for three months"

verb: detox; 3rd person present: detoxes; past tense: detoxed; past participle: detoxed; gerund or present participle: detoxing

abstain from or rid the body of toxic or unhealthy substances.

"he checked into a hospital to **detox**"

THE 3 MAIN STEPS OF DETOX







WITHDRAWAL SYMPTOMS

FLU-LIKE SYMPTOMS: CHILLS, TREMORS, NAUSEA, SHAKING, SWEATING

POOR APPETITE

IN SEVERE CASES:

BODY ACHES, HEADACHES, AND GENERAL FATIGUE

HALLUCINATIONS, SEIZURES, SEVERE DEHYDRATION, HIGH BLOOD PRESSURE, RAPID HEART RATE, DEATH

MOOD SWINGS, IRRITABILITY, DEPRESSION, ANXIETY, ANGER, AND **OTHER FORMS OF EMOTIONAL VOLATILITY**

MENTAL FOG, CONFUSION AND MEMORY LOSS

DIFFICULTY SLEEPING

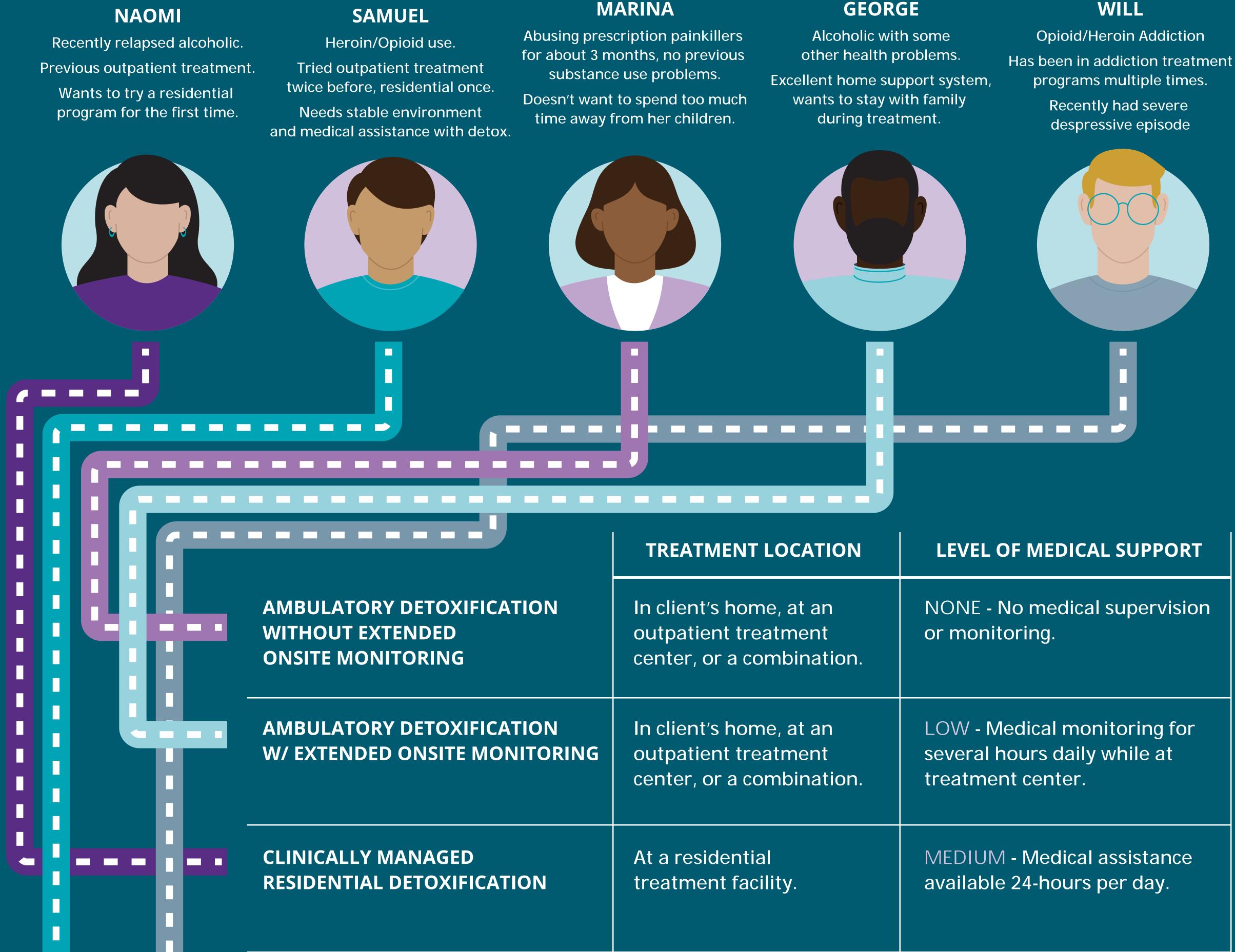
VIVID DREAMS/NIGHTMARES **INTENSE CRAVINGS FOR**

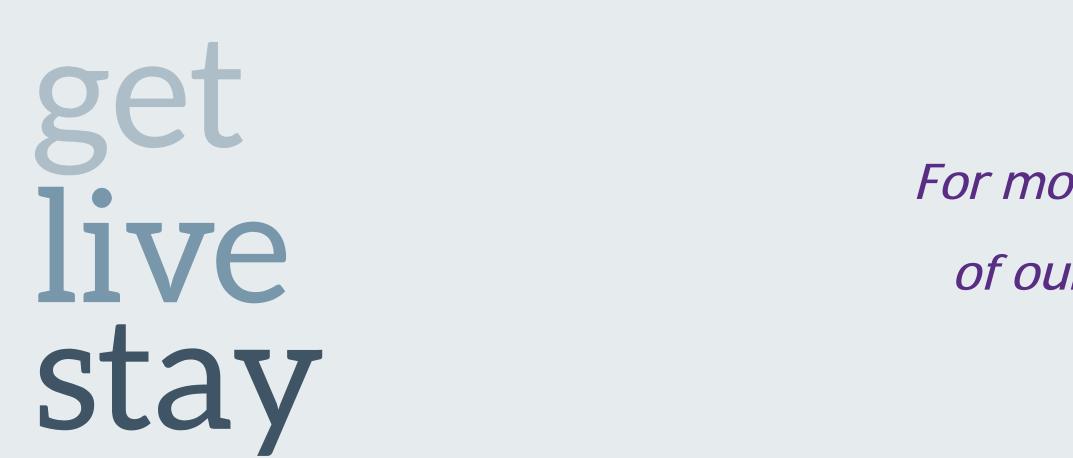
THE DRUG IN QUESTION

The many paths to recovery.

TYPES OF DETOX PROGRAMS

MARINA





Clean.

RECOVERY CENTERS

MEDICALLY MONITORED

INPATIENT DETOXIFICATION

INPATIENT DETOXIFICATION

MEDICALLY MANAGED INTENSIVE

At a residential or inpatient

treatment facility.

At a medical inpatient

treatment facility.

For more information about Detox programs or any other part of our full spectrum of Addiction and Mental Health Services,

visit cleanrecoverycenters.com

HIGH - Medical monitoring

VERY HIGH - Heavy medical

supervision and monitoring

24-hours per day.

and support 24-hours per day.

SOURCES: