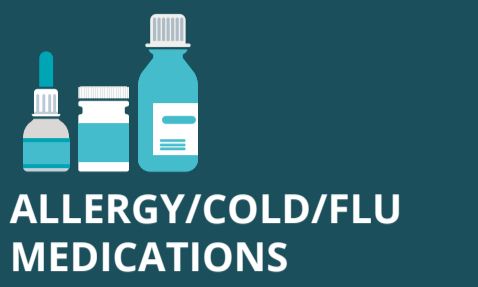






























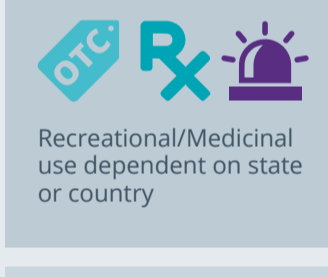



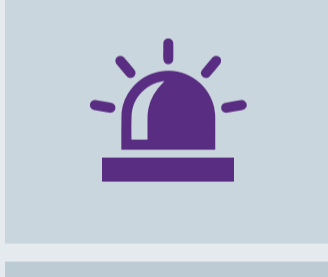









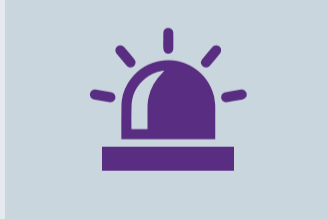




BAD ALCOHOL-DRUG COMBINATIONS

	EXAMPLES	DEPRESSANT OR STIMULANT	OVER-THE-COUNTER, PRESCRIPTION OR ILLEGAL		SYMPTOMS / SIDE EFFECTS	HEALTH EFFECTS
 ALLERGY/COLD/FLU MEDICATIONS	Alavert, Benadryl, Claritin/Claritin-D, Dimetapp, Sudafed, Triaminic, Tylenol Allergy-Sinus, Zyrtec	 Some like Benadryl are depressants, and some, esp. daytime varieties have stimulant effects.		+  =	TIREDDNESS/LISTLESSNESS, DIZZINESS, DISORIENTATION, TROUBLE COCENTRATING, LIGHT-HEADEDNESS	COMBINATION OF DEPRESSANT MEDICATIONS AND ALCOHOL, ALSO A DEPRESSANT, HAS AN ADDITIVE EFFECT TO THE SLOWING OF CENTRAL NERVOUS SYSTEM FUNCTIONS INCREASED RISK OF OVERDOSE 
 ANXIETY MEDICATIONS	Adavan, BluSpar, Klonopin, Paxil, Valium, Xanax			+  =	DIZZINESS, DROWSINESS, MOTOR CONTROL, IMPAIRMENT, BREATHING PROBLEMS, MEMORY ISSUES	COMBINATION OF DEPRESSANTS HAS AN ADDITIVE EFFECT TO THE SLOWING OF CENTRAL NERVOUS SYSTEM FUNCTIONS INCREASED RISK OF OVERDOSE 
 ANTIBIOTICS	Amoxicillin, Doxycycline, Cephalexin, Ciprofloxacin, Clindamycin, Metronidazole, Azithromycin	N/A		+  =	INTENSE HEADACHES, LETHARGY, NAUSEA, RAPID HEARTBEAT, BREATHING DIFFICULTIES	THE LIVER PROCESSES ANTIBIOTICS AND ALCOHOL, SO LIVER DAMAGE CAN OCCUR WHEN USED SIMULTANEOUSLY
 ANTIDEPRESSANTS	Paxil, Prozac, Wellbutrin, Zoloft			+  =	MAY FEEL MORE OF A BUZZ WHEN COMBINING DRINKING AND DEPRESSION MEDICATIONS	CAN WORSEN SYMPTOMS OF DEPRESSION WHEN COMBINING USE, INCREASING LIKELIHOOD OF MENTAL HEALTH CRISIS, SUICIDAL THOUGHTS
 ADHD MEDICATIONS	Adderall, Ritalin, Dexedrine, Vyvanse			+  =	PSYCHOSIS, PARANOIA, MUSCLE CONTROL LOSS, NAUSEA AND VOMITING, CARDIAC ARRHYTHMIAS	STIMULANTS COMBINED WITH DEPRESSANTS CREATE UNPREDICTABLE REACTIONS, ESPECIALLY TO THE CARDIOVASCULAR SYSTEM INCREASED RISK OF ALCOHOL POISONING STIMULANTS REDUCE ABILITY TO FEEL EFFECTS OF ALCOHOL, LEADING TO OVER-DRINKING 
 OVER-THE-COUNTER (OTC) PAIN KILLERS	Advil, Aleve, Aspirin, Excedrin, Motrin, Tylenol	N/A		+  =	TACHYCARDIA (FAST HEART RATE), NAUSEA, STOMACH PAIN	OVER TIME CAN CAUSE LIVER DAMAGE, STOMACH BLEEDING/ULCERS, AND KIDNEY DAMAGE
 PRESCRIPTION PAIN KILLERS	Darvocet, Codeine, Demerol, Percocet, Norco, Vicodin			+  =	ALCOHOL EXACERBATES THE SIDE EFFECTS OF STRONG PAINKILLERS, SUCH AS DROWSINESS, CONFUSION, NAUSEA, AND SLOWED BREATHING	INTENSE DEPRESSION OF RESPIRATORY SYSTEM FUNCTIONS THAT MAY RESULT IN BREATHING SLOWED TO DEADLY LEVELS OR CARDIAC ARREST OPIOID/ALCOHOL COMBINATION CAUSES MORE OVERDOSE DEATHS THAN ANY OTHER POLYDRUG COMBINATION. 
 CANNABIS	Flower (weed), Edibles, Liquid Vape, Tea, Wax, Oil / Tincture	N/A	 Recreational/Medical use dependent on state or country	+  =	NAUSEA AND VOMITING, INTENSE PARANOIA, POOR MOTOR CONTROL, INABILITY TO CONCENTRATE	IF ALCOHOL IS IN THE SYSTEM FIRST, IT INCREASES THE AMOUNT OF THC ABSORBED, INCREASING PSYCHOLOGICAL SIDE EFFECTS. IF CANNABIS IS IN THE SYSTEM FIRST, IT CAN REDUCE OR DELAY FEELINGS OF DRUNKENESS, LEADING TO OVERDRINKING
 COCAINE	White Powder, Crack Crystals, Hydrochloride Solution (liquid)			+  =	INCREASED ANXIETY AND IRRITABILITY, TACHYCARDIA, HYPERTENSION, NAUSEA AND VOMITING, HEADACHES, CHEST PAINS	COCAINE AND ALCOHOL PRODUCE COCAETHYLENE, WHICH LEADS TO CARDIOVASCULAR TOXICITY. INTENSE STRESS ON THE HEART CAN LEAD TO A LIFE THREATENING CARDIAC EVENT. INCREASED RISK OF ALCOHOL POISONING 
 HEROIN	Black Tar, Brown Powder, White Powder			+  =	SLOWED RESPIRATION AND HEART RATE, SLOWED REACTION TIME, CONFUSION, MEMORY IMPAIRMENT, MOOD SWINGS, NAUSEA AND VOMITING, LOSS OF CONCIOSNESS	INTENSE DEPRESSION OF RESPIRATORY SYSTEM FUNCTIONS THAT MAY RESULT IN BREATHING SLOWED TO DEADLY LEVELS OR CARDIAC ARREST OPIOID/ALCOHOL COMBINATION CAUSES MORE OVERDOSE DEATHS THAN ANY OTHER POLYDRUG COMBINATION. 
 AMPHETAMINES	Meth, Speed, Dexies, Poppers			+  =	DEHYDRATION, HEART PALPITATIONS, TACHYCARDIA, HYPERTENSION, DIZZINESS, BLURRED VISION, REDUCED APETITE, STOMACH PAIN, NAUSEA AND VOMITING	STIMULANTS COMBINED WITH DEPRESSANTS CREATE ENORMOUS STRESS ON THE CARDIOVASCULAR SYSTEM, AND CAN CAUSE CARDIAC ARREST, OR STROKE INCREASED RISK OF OVERDOSE 

Recovery is a journey, and Clean Recovery Centers is alongside you each step of the way. Contact us to learn more about the many benefits our program offers. Visit cleanrecoverycenters.com for more information.

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