

888.454.2897

cleanrecoverycenters.com

get
live
stay

clean.®

RECOVERY CENTERS



**FULL SPECTRUM OF ADDICTION
AND MENTAL HEALTH SERVICES**



"I'm here learning a different way to live."

- CHRIS

"Everyone welcomes you with open arms and treats you like family. The staff is very caring, friendly, and professional."

- ANDREW



who we are.

Located on the beautiful Sun Coast of Florida, Clean Recovery Centers provides the full spectrum of treatment options for drug and alcohol addiction. From Medical Detox, Residential, Mental Health Treatment, Day/Night Treatment with Community Housing, Intensive Outpatient with Transitional Living, and Outpatient Treatment, we offer effective solutions and psychiatric care at any stage of Substance Use Disorder (SUD).

what we do.

Every day the plagues of alcoholism, addiction and untreated mental health issues impact millions of lives. Clean Recovery Centers offers a path to recovery whether one has reached 'rock bottom' or simply requires new life tools that will enable you to

Get Clean
Live Clean
Stay Clean.



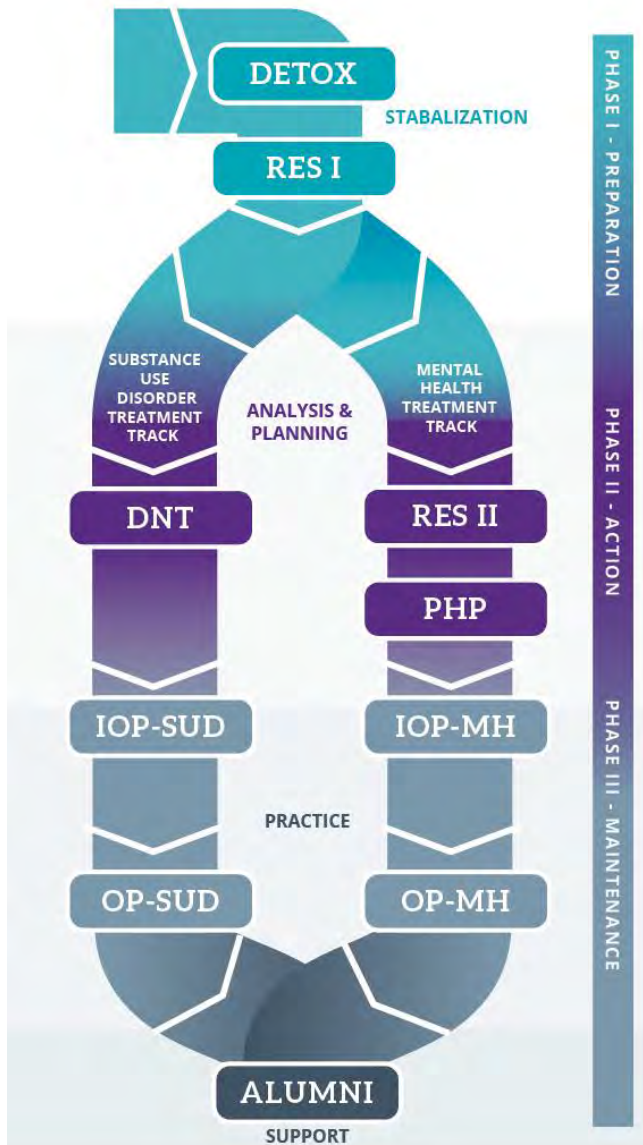
why we are unique.

Clean Recovery Centers offers stabilization, analysis and treatment utilizing evidence-based practices, medication management, and our one-of-a-kind Three-Phase Approach that includes treatment options for every stage of recovery. We recognize there are multiple pathways to recovery, so we design a plan that works by treating the whole person – the physical, spiritual, mental and social. Our programs focus on the client's strength; we build on what's right with each person, not what's wrong. And it's paying off – we are seeing dramatic, life-changing results in just three to six months!



"This center has a unique approach to recovery that truly works. They helped save my life."

- ROBIN



Recovery Flow

This chart illustrates the typical flow of our treatment programs, but keep in mind that at Clean Recovery Centers, treatment is never one-size-fits-all. We tailor our program to suit each clients' needs. Recovery journeys are unique to the individual, and may or may not follow this order or timeline.

Three Phase Approach

The Three-Phase Approach was developed as a template for determining the path best for each client, while employing leading-edge proven recovery techniques.

PHASE I - Preparation.

While each journey is different, many begin with detoxification. Phase I is a 24-hour medically supported Residential program that typically takes place over the first 3 to 4 weeks of treatment. This phase allows clients to become stabilized and start the healing process for both body and mind, while preparing them for the next part of their path to long-term maintenance of recovery.

Medical Detox

Detoxification is a process of care provided on an inpatient basis to manage the physiological and psychological effects of withdrawal from substance use. The withdrawal process from substances, such as alcohol, opiates, and benzodiazepine (benzos) can be dangerous and life-threatening. Clean Recovery Centers offers around the clock medical care and emotional support during detox.

Residential I

Residential treatment is provided in a structured, supervised live-in environment 24 hours-per-day, 7 days-per-week, to help individuals maintain recovery from addiction. During this treatment, clients build skills and tools that are necessary for life after detoxification. Res I care is medically supported, if needed. Evidenced-based therapy with individual and group counseling, as well as family counseling, is provided.

PHASE II - Action.

Phase II can be Non-Residential or Residential and transitions the client out of Phase I by allowing them to address issues that contributed to their addiction and prepare them for more independent recovery. Phase II typically lasts 2 to 3 weeks, and places clients on either a Substance Use Disorder (SUD) Treatment Track or Mental Health Treatment Track.

SUD TREATMENT TRACK

Day/Night Treatment (DNT) with Community Housing

The goal of DNT treatment is to prepare clients for the next level of care and teach the skills necessary to combat their addiction. This non-residential program typically provides a minimum thirty hours of services per week. Clients often reside at Clean Recovery Centers' 24/7 monitored Community Housing during the course of this treatment, but this isn't required.

MENTAL HEALTH TREATMENT TRACK

Residential Level II

Our mental health treatment focuses on treating the co-occurring mental health and behavioral health disorders that are common in people who suffer from addiction. This residential treatment program offers housing and meals in addition to individualized treatment. Working with the clinical and medical teams, the client's mental health is stabilized before we address their substance abuse. Client care includes a psychiatric evaluation, diagnosis education, medication education and management.

Partial Hospitalization Program (PHP)

Clean Recovery Centers offers a PHP level of care that includes mental health treatment for those who have completed Residential Level II, or when deemed clinically appropriate. Clients participate in community involvement at PHP level by contributing their time for those in need.

PHASE III - Maintenance.

The third phase involves putting learned skills in to practice and the transition out of full time treatment. Group and individual therapy will continue, while decreasing sessions, and life skills needed to be successful are strengthened. This phase is typically 6-8 weeks long. This phase continues clients on SUD or Mental Health Treatment Tracks.

SUD TREATMENT TRACK

SUD Intensive Outpatient Program (IOP)

A non-residential program that provides a minimum nine hours of services per week. Clean Recovery Centers' Intensive Outpatient Program (IOP) is comparable to a residential program in effectiveness, with group and individual counseling as a major component. Clients may choose to reside at our 24/7 monitored Transitional Living residences during this stage of treatment.

SUD Outpatient Program (OP)

A non-residential program providing a minimum two hours of services per week. Clients are either living at home or in a sober living environment and come to the treatment center for Outpatient (OP) services.

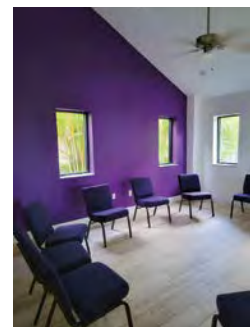
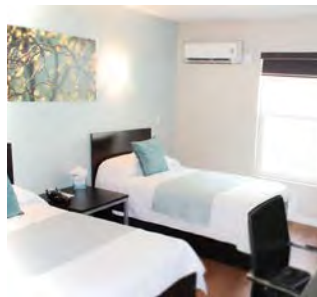
MENTAL HEALTH TREATMENT TRACK

Mental Health Intensive Outpatient Program (IOP)

A Mental Health Intensive Outpatient Program (IOP) is offered as a progression of care to those completing Res II and/or Mental Health PHP, or when deemed clinically appropriate.

Mental Health Intensive Outpatient Program (OP)

A Mental Health Outpatient Program (OP) is also offered as a progression of care for those completing Mental Health IOP, or as clinically appropriate.



Our Locations

New Port Richey Recovery Center

Medical Detox and Residential Service

Tampa Recovery Center

Res II, Mental Health, DNT w/Community Housing, IOP/OP Services

Sarasota Recovery Center

Res II, Mental Health, DNT w/Community Housing, IOP/OP Services

Nokomis, FL - Community Housing

Largo Recovery Center

Medical Detox

Bradenton Recovery Center

Medical Detox and Residential Service

Housing Options

Community Housing for DNT, and Transitional Living for IOP/OP, provide safe and clean environments for those in treatment. You become part of a "Community" where peers and staff support one another on this journey. All Clean Recovery Centers' residences are **Level 4 FARR Accredited** - the Florida Association of Recovery Residences.



Wellness Program

As part of a whole person approach, Clean Recovery Centers integrates Wellness services* that improve our clients overall physical fitness and wellbeing. Wellness services include Massage Therapy, Yoga and more!



Life Skills through Case Management

Life skills are the skills one must have to function successfully in the world. They include effective communication, career guidance, time management, and money management. Truly successful mental health recovery is based on the ability to not only live substance-free, but to thrive. Life skills teach the practical necessities of functioning in society - setting clients up for success in life and, therefore, sobriety.

*Wellness services are not a core component of treatment services offered or part of facility per diem standard program. All additional services are optional. All additional services are billed and charged for separately from medical and treatment services.



Family Program

The disease of addiction has significant physical, emotional and social consequences for the individual seeking treatment and for family and significant others impacted by the disease. We view family as an essential component of a patient's ongoing recovery and seek to involve them in the addiction treatment and recovery process.



Alumni Program

Following any Clean Recovery Centers' treatment program, it is important for clients to remain engaged with the recovery community. Clients are encouraged to participate in Clean Recovery Centers' Alumni Program to receive ongoing support and continued success through social media groups, meetings, and peer events in the area.

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RECOVERY CENTERS



Start the **BEST** of your life now.

Our Locations



NEW PORT RICHEY RECOVERY CENTER

9270 Royal Palm Ave | New Port Richey, FL 34654



TAMPA RECOVERY CENTER

508 West Fletcher Ave | Tampa, FL 33612



SARASOTA RECOVERY CENTER

6000 Deacon Place | Sarasota FL 34238



LARGO RECOVERY CENTER

360 Clearwater Largo Rd | Largo, FL 3377



BRADENTON RECOVERY CENTER

2401 60th Street Court West | Bradenton, FL



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Insight Behavioral Health & Addiction Solutions, Inc. DBA Clean Recovery Centers
and DBA Clean Recovery Centers Detox